

Brain workout

1

R R R R
L

2

R
L L L L

3

R R R R
L L

4

R R
L L L L

5

R R R R
L L

6

R R
L L L L

7

R R R R R
L L L L L

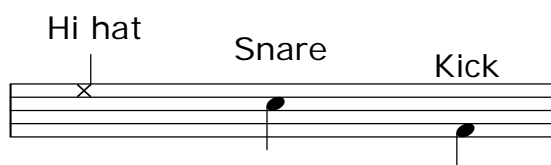
8

R R R R R
L L L L

9

R R R R R
L L L L

What do you hit now?



1

2

3

4

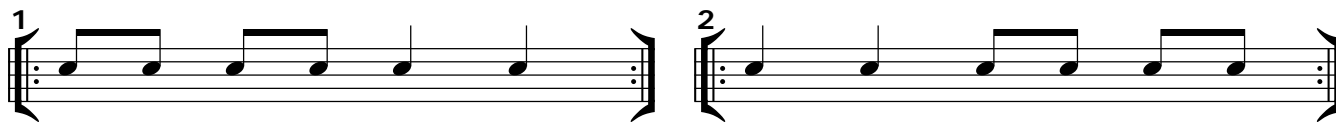
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6

7

8

Quarters and Eighths



Duet #1

1

(tap rim or tap sticks together)

Musical notation for Duet #1, Part 1. It consists of four staves of music. The first staff starts with a '1' and a note on the first line. The second staff has notes on the second and third lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

2

Musical notation for Duet #1, Part 2. It consists of four staves of music. The first staff has notes on the first, second, and third lines. The second staff has notes on the first, second, and third lines. The third staff has notes on the first, second, and third lines. The fourth staff has notes on the first, second, and third lines. 'x' marks are placed above the staves to indicate tapping points.

This and that

1

Exercise 1 consists of four staves of music. The first staff begins with a double bar line and a '1' above it. It features a sequence of eighth notes with accents, followed by a pair of eighth notes beamed together. The second staff continues with eighth notes and accents, including a pair of eighth notes beamed together. The third staff shows eighth notes with accents and a pair of eighth notes beamed together. The fourth staff concludes with eighth notes, accents, and a pair of eighth notes beamed together, ending with a double bar line.

2

Exercise 2 consists of four staves of music. The first staff starts with eighth notes and accents, followed by a pair of eighth notes beamed together. The second staff continues with eighth notes and accents, including a pair of eighth notes beamed together. The third staff shows eighth notes with accents and a pair of eighth notes beamed together. The fourth staff concludes with eighth notes, accents, and a pair of eighth notes beamed together, ending with a double bar line.

12 bar groove solos

1



Musical notation for 12-bar groove solo 1, consisting of four staves. The notation is written on a grand staff (treble and bass clefs) and features a consistent rhythmic pattern of eighth notes and rests, with 'x' marks above the notes indicating specific articulation or dynamics. The first staff begins with a '1' in the left margin. The piece concludes with a double bar line at the end of the fourth staff.

2



Musical notation for 12-bar groove solo 2, consisting of four staves. The notation is written on a grand staff (treble and bass clefs) and features a consistent rhythmic pattern of eighth notes and rests, with 'x' marks above the notes indicating specific articulation or dynamics. The first staff begins with a '2' in the left margin. The piece concludes with a double bar line at the end of the fourth staff.

Little big challenge

1

Musical notation for exercise 1, consisting of four staves. The first staff begins with a '1' and contains a complex rhythmic pattern with many 'x' marks above the notes. The second staff continues the pattern with fewer 'x' marks. The third staff shows a different rhythmic pattern with some 'x' marks. The fourth staff concludes the exercise with a final rhythmic pattern.

Warm up exercises:

2

Musical notation for warm up exercise 2, consisting of one staff of music. It starts with a '2' and features a rhythmic pattern with 'x' marks above the notes.

3

Musical notation for warm up exercise 3, consisting of one staff of music. It starts with a '3' and features a rhythmic pattern with 'x' marks above the notes.

4

Musical notation for warm up exercise 4, consisting of one staff of music. It starts with a '4' and features a rhythmic pattern with 'x' marks above the notes.

Quarters rests

The image displays eight numbered musical staves, each containing a sequence of quarter notes and quarter rests. The notation is as follows:

- Staff 1:** Quarter note, quarter note, quarter rest, quarter note.
- Staff 2:** Quarter note, quarter note, quarter note, quarter note, quarter rest.
- Staff 3:** Quarter note, quarter note, quarter rest, quarter note, quarter note.
- Staff 4:** Quarter note, quarter note, quarter note, quarter note, quarter rest.
- Staff 5:** Quarter note, quarter note, quarter note, quarter rest, quarter note, quarter note, quarter rest, quarter note.
- Staff 6:** Quarter note, quarter rest, quarter note, quarter note, quarter note, quarter rest, quarter note, quarter note, quarter rest.
- Staff 7:** Quarter rest, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter rest, quarter rest, quarter rest.
- Staff 8:** Quarter note, quarter note, quarter rest, quarter note, quarter note, quarter note, quarter note, quarter rest, quarter note, quarter rest, quarter rest.

Duet #2

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains a sequence of eighth notes and rests. The second staff continues the pattern with eighth notes and rests. The third staff features eighth notes and rests. The fourth staff concludes the part with eighth notes and rests, ending with a double bar line.

Quarter rest solos

1

Exercise 1: A sequence of four staves of musical notation. Each staff contains a treble clef and a 2/4 time signature. The notation consists of eighth notes and quarter rests. The first staff begins with a quarter rest, followed by eighth notes on G4 and A4. The second staff begins with eighth notes on G4 and A4, followed by quarter rests. The third staff begins with quarter rests, followed by eighth notes on G4 and A4. The fourth staff begins with eighth notes on G4 and A4, followed by quarter rests. The exercise is divided into two measures by a double bar line in the middle of each staff.

2

Exercise 2: A sequence of four staves of musical notation. Each staff contains a treble clef and a 2/4 time signature. The notation consists of eighth notes and quarter rests. The first staff begins with eighth notes on G4 and A4, followed by quarter rests. The second staff begins with quarter rests, followed by eighth notes on G4 and A4. The third staff begins with eighth notes on G4 and A4, followed by quarter rests. The fourth staff begins with quarter rests, followed by eighth notes on G4 and A4. The exercise is divided into two measures by a double bar line in the middle of each staff.

Quarter rest workouts

1

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

2

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

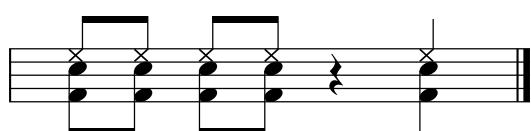
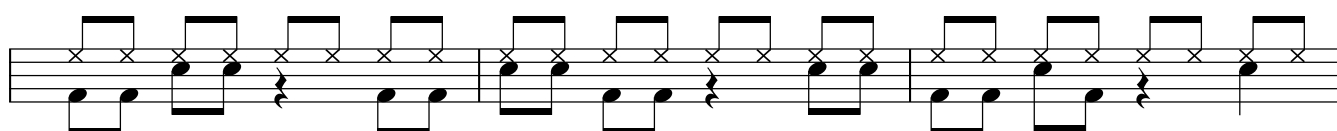
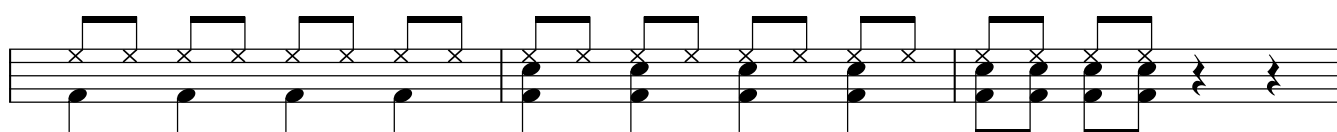
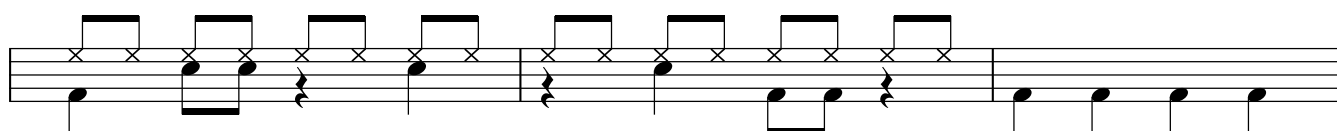
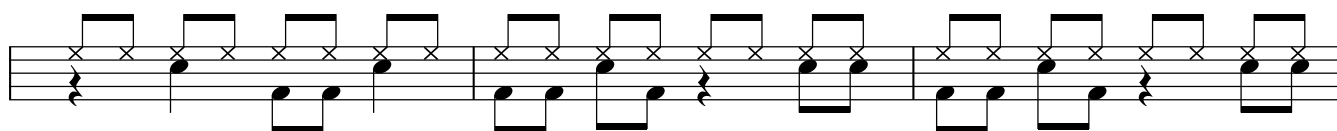
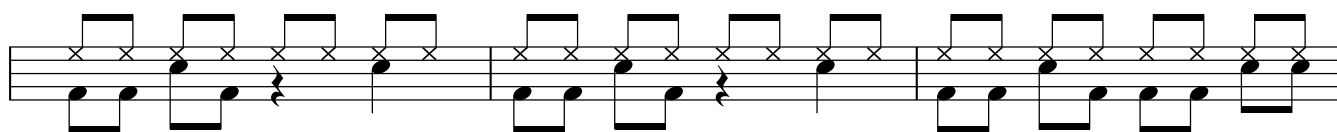
3

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

4

Two staves of music. The top staff is in treble clef with a key signature of one flat. It contains a sequence of eighth notes with 'x' marks above them, followed by quarter rests. The bottom staff is in bass clef and contains a sequence of quarter notes and quarter rests.

Big little challenge



Eighth rests

1. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

2. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

3. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody starts with an eighth rest, followed by quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

4. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

5. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

6. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

7. A single staff with a bass clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G3, F3, E3, D3, C3, B2, A2, followed by an eighth rest, then G3, F3, E3, D3, C3, B2, A2, G3.

8. A single staff with a treble clef, a key signature of one flat, and a 2/4 time signature. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4, followed by an eighth rest, then F4, G4, A4, B4, C5, B4, A4, G4.

Duet #3

1

Part 1 consists of four staves of music. The first staff begins with a '1' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

2

Part 2 consists of four staves of music. The first staff begins with a '2' and contains two measures of music. The second staff contains two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, quarter notes, and rests, with some notes beamed together.

Eighth rest solos

1

Exercise 1 consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The first staff begins with a '1' in the top left corner. The music is written in a 4/4 time signature. The first two staves each contain two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, eighth rests, and quarter notes, with some notes beamed together.

2

Exercise 2 consists of four staves of music. Each staff has a treble clef and a key signature of one flat. The music is written in a 4/4 time signature. The first two staves each contain two measures. The third staff contains two measures. The fourth staff contains two measures and ends with a double bar line. The notation includes eighth notes, eighth rests, and quarter notes, with some notes beamed together.

Eighth rest workouts

1

Two staves of musical notation for workout 1. The first staff contains four measures of music. The first two measures feature a rhythmic pattern of eighth notes and eighth rests, with the rests marked with an 'x'. The second two measures feature a different rhythmic pattern. The second staff continues the first two measures of the first staff, with the first two measures repeating the pattern of eighth notes and eighth rests, and the last two measures featuring a different rhythmic pattern.

2

Two staves of musical notation for workout 2. The first staff contains four measures of music. The first two measures feature a rhythmic pattern of eighth notes and eighth rests, with the rests marked with an 'x'. The second two measures feature a different rhythmic pattern. The second staff continues the first two measures of the first staff, with the first two measures repeating the pattern of eighth notes and eighth rests, and the last two measures featuring a different rhythmic pattern.

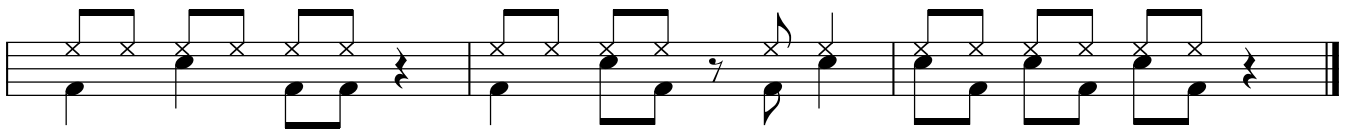
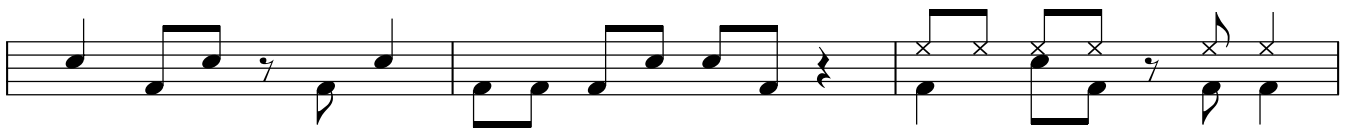
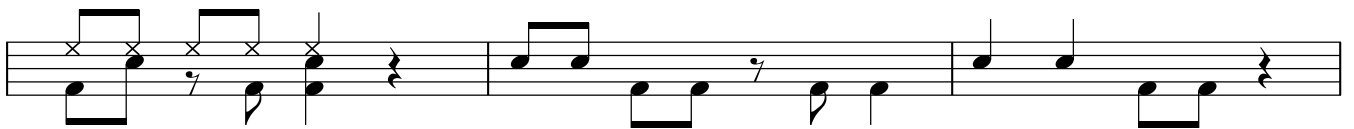
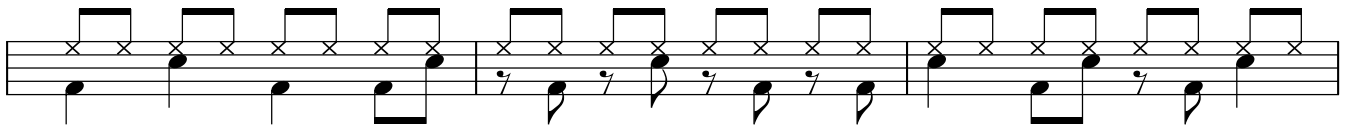
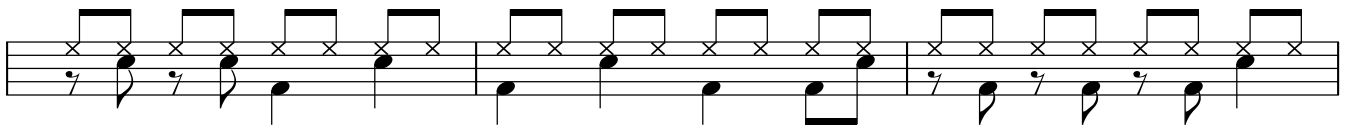
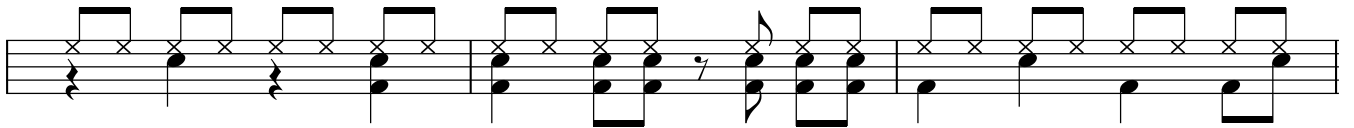
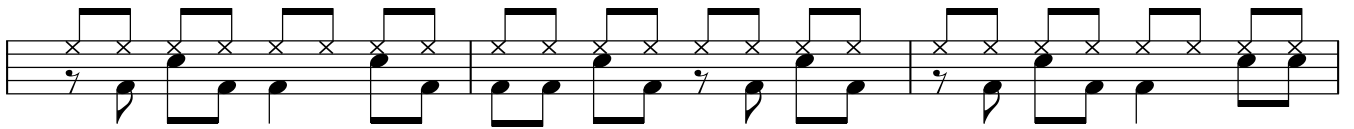
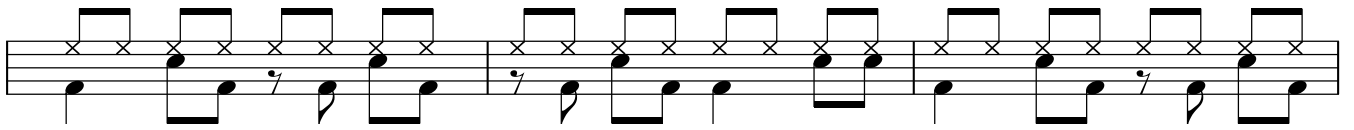
3

Two staves of musical notation for workout 3. The first staff contains four measures of music. The first two measures feature a rhythmic pattern of eighth notes and eighth rests, with the rests marked with an 'x'. The second two measures feature a different rhythmic pattern. The second staff continues the first two measures of the first staff, with the first two measures repeating the pattern of eighth notes and eighth rests, and the last two measures featuring a different rhythmic pattern.

4

Two staves of musical notation for workout 4. The first staff contains four measures of music. The first two measures feature a rhythmic pattern of eighth notes and eighth rests, with the rests marked with an 'x'. The second two measures feature a different rhythmic pattern. The second staff continues the first two measures of the first staff, with the first two measures repeating the pattern of eighth notes and eighth rests, and the last two measures featuring a different rhythmic pattern.

Rest fest



Rest extravaganza

The musical score consists of ten staves, each containing two measures of music. The notes are primarily eighth and sixteenth notes, often beamed together. The exercise is characterized by the use of rests, which are indicated by a vertical line with a flag. The rests are placed in various positions within the measures, creating a complex rhythmic pattern. The first measure of each staff typically contains a sequence of notes followed by a rest, while the second measure contains a different sequence of notes and rests. The overall effect is a rhythmic exercise that challenges the drummer's ability to maintain a steady tempo while navigating the intricate placement of notes and rests.

Hand fixer #1

Hand fixer #1 drum notation consisting of eight staves. Each staff contains a sequence of notes with 'R' (Right) and 'L' (Left) labels above them. The notes are connected by beams, indicating eighth notes. The sequence of notes across the staves is: Staff 1: R R L L R R L L R R L L; Staff 2: R R L L R R L L R R L L; Staff 3: R R L L R R L L R R L L; Staff 4: R R L L R R L L R R L L; Staff 5: R L L R R L L R R L L R; Staff 6: L L R R L L R R R L L R R L; Staff 7: R R L L R L L R R L R R L L; Staff 8: R L L R R L R R L L R R L L. The notation starts with a treble clef and ends with a double bar line and repeat dots.

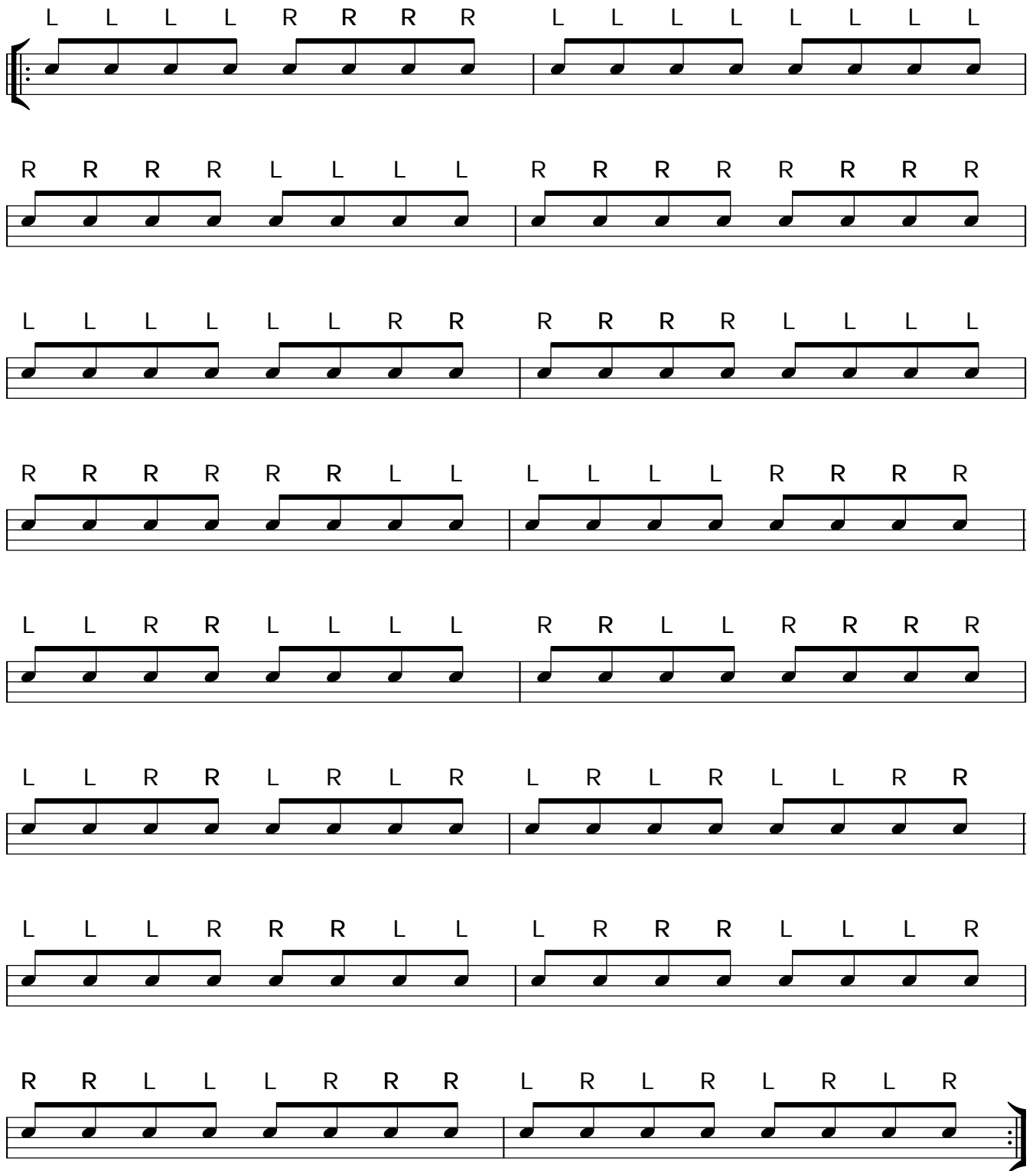
Checklist:

Thumbs on stick, fingers underneath

Relax your hands and forearms

Bounce the stick up in a straight line, with no buzz

Hand fixer #2



Hand fixer #2 drum notation consisting of 8 staves. Each staff contains four measures of music, with notes grouped by hand (L for left, R for right). The notation is as follows:

- Staff 1: L L L L R R R R | L L L L L L L L
- Staff 2: R R R R L L L L | R R R R R R R R
- Staff 3: L L L L L L R R | R R R R L L L L
- Staff 4: R R R R R R L L | L L L L R R R R
- Staff 5: L L R R L L L L | R R L L R R R R
- Staff 6: L L R R L R L R | L R L R L L R R
- Staff 7: L L L R R R L L | L R R R L L L R
- Staff 8: R R L L L R R R | L R L R L R L R

Checklist:

Every note should have the same sound and volume

Aim for the center of the drum or pad

Hand fixer #3

Hand fixer #3 consists of eight lines of drum notation. Each line contains two measures of music. The notation uses a treble clef and a 2/4 time signature. The notes are quarter notes, and the rhythm is consistent across all lines. The letters 'R' and 'L' are placed above the notes to indicate the hand used for each stroke. The exercise is designed to improve hand coordination and timing.

Line 1: R L R R L R L R L L R L

Line 2: R L L R L R L R R L R L

Line 3: R R L R L R L L R L R L

Line 4: R L R L L R L R L R R L

Line 5: R L R R L R L L R L R L R R L

Line 6: R R L R L L R L R L R L R

Line 7: R L L R L L R L L R R L R R L R

Line 8: R L L R R L L R R R L L

Checklist:

How fast can you play this exercise evenly?

Also try repeating each line as individual exercises

Getting to know Sixteenth's

1

(try each example with and without this foot pattern)

2

3

4

5

6

7

8

9

10

Duet #4

1

Musical notation for Duet #4, Part 1. It consists of four staves of music. The first staff begins with a '1' and contains a sequence of eighth and sixteenth notes with rests. The second and third staves continue the rhythmic pattern with various note values and rests. The fourth staff concludes the sequence with a double bar line.

2

Musical notation for Duet #4, Part 2. It consists of four staves of music. The first staff begins with a '2' and contains a sequence of eighth and sixteenth notes with rests. The second and third staves continue the rhythmic pattern with various note values and rests. The fourth staff concludes the sequence with a double bar line.

Big Bang

The musical score for 'Big Bang' is presented in a standard staff format. The top staff is a drum set part, indicated by 'x' marks on the notes, representing cymbals and snare. The bottom staff is a piano accompaniment, featuring chords and melodic lines. The score is divided into eight measures, each containing a measure of drum notation and a corresponding measure of piano accompaniment. The piano part includes various rhythmic patterns, including eighth and sixteenth notes, and rests. The drum part features a consistent pattern of cymbal and snare hits, with some measures including a hi-hat pattern.

Big Bang 2

The musical score for 'Big Bang 2' consists of two staves of music. The top staff uses a standard musical notation with notes and rests, while the bottom staff uses a drum notation with 'x' marks for cymbals and vertical lines for other drums. The piece is divided into eight measures, each containing a sequence of rhythmic patterns. The notation includes eighth notes, quarter notes, and rests, with some measures featuring complex rhythmic figures like triplets and sixteenth notes. The overall style is that of a contemporary drumming exercise or short piece.

In between helper

Make sure all the notes are locked into the Sixteenth note grid.

1 2 3

4 5 6

7 8 9

10 11 12

13 14 15

16 17 18

19 20 21

